

**CFBHPP Committee  
Meeting Summary  
December 8, 2005  
Henrico Training Center  
E. Parham Road – Richmond**

**I. Welcome and Introductions**

**Brian Meyer**

Brian opened the meeting and welcomed committee members. Members introduced themselves. The motion to approve the meeting minutes of the November meeting was made by Catherine and seconded by Stacie. The meeting summary was approved as submitted.

**II. Celebrations**

**Committee Members**

Patrice is working 10 hours a week at Medical Home Plus. Pam is starting a committee to encourage collaboration for FAPT teams after hearing concerns that collaboration has not occurred with local teams. Joyce, Federal annual conference, heard good presentations, excited about plans for upcoming trainings, identifying locations, etc. Sandy, CSB endorsed the work of this committee. Martha's celebration the OCFS focus on services on SA for infants, planning poly-com training with DMAS for this service for this population. Poly-com is scheduled for January 10<sup>th</sup>. Charline is celebrating the Governor's initiative. Catherine plans to attend the Policy Academy in Delaware on Custody Relinquishment and Out-of-State placements. Charline celebrated the Governor's Initiative. At a pioneering level...Fran and Maureen Mitchell participated in the Linking and Aligning Primary Care Task Force meeting (sponsored by the American Institute of Research) as representatives from Family Voices. Four states; Massachusetts, Colorado, Wisconsin and South Carolina had teams who have been involved in integrating mental health and primary care via spreading the medical home approach to primary care physicians. Fran VAINFO met again this past Monday, continues to grow, planning two-day family and provider conference, small amounts of funding from a variety of sources. Anticipating enrollment of 100 families and 100 providers, planning use of technology to ensure broad participation in the conference. Looking for July or August conference. The Education committee of VAINFO, chaired by Pierre Ames, is looking for broad participation from groups. Shirley, don't know the details of the Governor's initiative, additionally OCFS is revising guidelines for mental health initiative, looking for dissemination the first of the year. Brian celebrated the article that appeared in the Richmond Times Dispatch. Brian reported on behalf of Kim that the Joint Commission on Health Care plans to sponsor two budget amendments, specifically, the committee's recommendations related to evidence based practices (SOC initiatives) and the training initiative for child psychiatrists and behavioral health specialists. Leah, Commission on Youth meeting was held two weeks ago and approved recommendation of one of the studies to go forward with a statewide conference on mental health and evidence-based practices, planning committee in the Spring, conference in 2007. Second

edition of evidence-based treatments on the Commission's website. Joint Commission sponsoring two amendments, the projects related to evidence based projects and training.

### **III. Governor's Initiative**

**Brian Meyer**

The Department doesn't have the details; anticipate funding for adolescent and children's services. The initiative waits for the Governor's budget. Each office put forth budget initiatives, what of these initiatives are included; the Governor's budget will be released December 16<sup>th</sup>. Important for individuals to offer testimony at the hearings to ensure that what the Governor proposes is kept intact. Many legislators were present at the press conference that is supportive of the initiative. Looking for broad support for this initiative. Brian stressed the importance of this committee supporting the initiative. Charline, there will be increased accountability related to outcomes, this committee can assist with ensuring accountability. Process will be similar to the process, who, what, and how will be involved in the process related to how the funding will flow. Anticipate by December 16<sup>th</sup> the priority areas will be identified. OCFS will disseminate budget information to the committee and specific budget language tied to the amounts, specific time frames, how funding will be earmarked, etc. Information provided to the committee of how to access the budget was provided. OCFS will highlight Health and Human Resources budget for the committee. Brian stressed the importance of parents expressing their support and encouraged their attendance at the hearings. Richmond hearing is scheduled for January 16<sup>th</sup>. Families are especially encouraged to attend this hearing and to present testimony.

This is one of several hearing that will be held across the state. In addition to the hearing in Richmond, members stressed the importance of encouraging attendance at other hearings. Written comments can also be submitted. It appears that there is support from the Governor-elect for this initiative. The initiative is in the hands of the General Assembly now. Economic impact of the bricks and mortar is significant for some areas of the state.

### **IV. Recommendations and Endorsement Updates**

**Fran Gallagher**

Fran provided an update on the number of endorsements received to date. Virginia AAP, Mental Health Planning Council, a number of pediatricians in the area. Who else was on the list? Chair reviewed the list and asked committee members to report on the status of their assignments related to seeking endorsements of various organizations. Va Network of Private Providers, no information about the status of the contact. Child and Family Coordinators, completed, encouraged them to talk with the Executive Directors. The list of endorsements will be posted on the website of VAINFO next week. Details regarding the list:

- What is the target date? January 2<sup>nd</sup> in preparation for statewide public hearings on the budget. Assemble all of the information by then in preparation for the budget hearings planned across the state. The back-up date would be to make additions to the list of endorsements for the Virginia Coalition of People with Mental Disabilities march scheduled for

January 16<sup>th</sup>. All endorsements are needed by January 11<sup>th</sup>. Harry will be sure that the Making Waves Coalition receives the 330 F report and endorses the recommendations.

- VAINFO to push the issue of letter writing with families. Fran noted that the organization has only been in existence for a couple of months.
- Various strategies were discussed for ensuring endorsements of various legislators for the budget recommendations. Suggestion that various committee members seek out legislators to seek endorsement, specifically noting the two budget amendments put forward by the Joint Commission on Health Care. Strongly recommended that members seek appointments with legislators now, specifically seeking endorsements from the House Appropriations and Senate Finance Committees.
- Voices for Children have a list of key legislators posted on their web site.
- SOC and demonstration projects have been advocated for; service dollars are very much needed in the system. Families have stressed that they have difficulty accessing services.
- Bela reported on activities that she and Dr. Kraft has initiated around instituting successful practices around medical home (primary care) and mental health. It was noted that successful models have received grant funding for replicating successful models.

**V. Attendance at 2006 legislative hearings** **Brian Meyer**

The OCFS is willing to try and get information out to the committee about when legislative hearings are being held whenever practical or possible. Schedules of meetings are accessible on the Legislative Information System. Point was made for the committee to monitor the schedule of budget meetings. Shirley cautioned the committee about the short notice about notifying committee members, however the OCFS will send information whenever possible. VAINFO will forward alerts to the committee. Brian asked for volunteers to serve on a “strike force” to monitor legislative activity.

**VI. Letter writing and delegate visits update** **Fran Gallagher**

VAINFO will send out a notice to remind parents to remind them to write letters and to visit their delegates.

**VII. Joint Commission on Health Care** **Kim Snead**

The Joint Commission is a new player in the mental health area, took over the work of the former behavioral health care commission. There is a sub-committee on behavioral health care. The Joint Commission undertook a major three-year initiative when Kim joined the Commission in 2003, (the third year of the study). It is a study of adult offenders and diverting offenders who need mental health services. There are two subcommittees, behavioral health and long term care. Joint Commission very interested in mental health issues. Wants to attend committee meetings more often. Pleased with the Commission’s reaction to the presentation that was made in October. The

Commission supports the full amounts of the two budget amendments. Joint commission has a number of members on both the House Appropriations and Senate Finance Committees. The Commission's decision matrix meeting is usually held in November. The Joint Commission is meeting January 10 at 2:00 PM to finalize the budget amendments. Kim will call on individuals to assist with drafting the budget amendment. Important to contact members of the committee to advocate for the committee recommendations and to stress why the budget requests are important. Joint Commission work plan will be developed in the spring. Kim is very interested in working with the committee on presentations to the sub committees. Senator Martin is the chair of the sub committee on behavioral health care. The Joint Commission is very interested in the relinquishment of custody issue and has asked the Department to report on this issue. There was discussion about the policy academy that is planned to deal with the issue of custody relinquishment and out-of-state placements. Catherine Hancock, Nancy Roberts, Delegate Hamilton, Fran Gallagher, Vicky Johnson-Scott, Catherine Hancock, Ray Ratke and Woody Harris. Kim encouraged people to think about making a presentation in May, June, or July about the policy academy to the sub committee on behavioral health. \$133 million (CSA funding) out of a total \$273 million, 49% of the CSA budget, was expended in 2005 for out-of-state residential placements for children in CSA. OCFS will try to link CSA information to the OCFS website. Kim reiterated that the commission supports the budget amendments. The Commission is interested in the biennial report on CSA. Kim heads up the behavioral health committee.

## **VII. 2006 Report**

**Brian Meyer**

Pertinent points from the discussion:

- Biennial – follow up – what we received and didn't receive  
follow through – what we got and what happened.
1. Need a sponsor to amend 330F to add DOE. Committee opted for an informal approach. Shirley will make contact with DOE.
  2. Bring issues identified last year and the votes on them.
  3. Issues – EBP as theme
    - a. Link primary care with behavioral health care (medical home)
    - b. Autism spectrum disorders (4,749 as identified by the schools from December 1<sup>st</sup> child count). Prevalence rates estimated at 2000% increase between 1990 and 2005.
    - c. Youth substance abuse
    - d. MR
    - e. Collaboration with CSA
    - f. Prevention – SA, child A/N, early childhood, DOH
    - g. MH in schools
    - h. Co-location
    - i. Co-occurring disorders – MH/MR/SA
    - j. Transition services
    - k. Youth involvement – advisory group  
Internal vs. external? Youth satisfaction?
    - l. Sexual offenders (MR)

- m. Kids sent out of state and high dollar kids in state – collaborative project with CSA.

- ~Should this be an agenda item and discussed at a future meeting.

- ~Theme: How to restructure and use funding better. Is this a unifying theme for the next report? Could the potential theme be the use of funds and other resources to fund services.

- ~Private insurance – partnering

- n. Support for siblings and those left behind and reintegration

**Summary of the four key areas for the 2006 report:**

1. Linkages and relationships with schools and primary care
2. Evidence based practices, doing things differently for certain populations
3. Re-focusing how we use our dollars
4. Process issues, for example, youth involvement.

**For the next meeting:**

1. Custody relinquishment report – Policy Academy
2. Virginia Tech Policy Institute - tasked with looking at the Medicaid system – children’s behavioral health, looking at different structures to deliver services. Who is directing this, where is this going, what’s the agenda here. Sandy has a meeting scheduled next week. Discussed various options such as carve-in or carve-out. Cyndy Williams is the contact at Tech and will be attending the January meeting to talk with the committee.
3. Joint workgroup project with CSA
4. Legislative Session

**For the February meeting, there will be discussion about the key areas.**

**Meeting adjourned.**

Motion made by Harry and seconded by Fran Gallagher.